

Pedal Power

The Newsletter of Greenwich Cyclists



Issue 60 April/May 2007

Local primary school wins Cycling Communities Award

John Ball primary school, in Lewisham, has won a Transport for London award for their cycle training scheme, run by teacher Tom Crispin and assisted by volunteers, including Greenwich Cyclists' cycle training officer Liz Delap. Lewisham Community Police Officers also provide training support.

The school has a pool of bikes for children who do not own a bike, and all children in years 4, 5 and 6 have been given National Standards training. Younger children will be trained later

this year and next year. Pupils are also taught how to take a wheel off and mend a puncture, as well as checking their bikes before riding.

A number of children now ride to school, where secure cycle parking is available. This summer there will be family rides in the early evening. The school has also been recommended as a Bikeability training provider, the new training accreditation scheme currently being launched.

They are to be congratulated!



Tour de France Prologue

Greenwich Cyclists in conjunction with LCC are heading off to watch the Tour de France Prologue on Saturday July 7. Secure bike storage is available and we have access to special seating. There are other events as well (see the Tour de France London website <http://www.tourdefrancelondon.com/en/>). We are inviting new and returning cyclists to join us in a leisurely and scenic ride to and from Hyde Park for this once in a lifetime event. We will have various meeting points in Greenwich which will feed into Cutty Sark Gardens for an 11pm departure to the

event. This ride is for young and old (children need to be accompanied by an adult). The ride is easy and will be taking quiet routes when possible though at times we will have to negotiate some busy streets. If you feel you would like some cycle training for riding on the streets before heading out to the Tour de France turn over for details of our Greenwich Cyclist Training Schemes.

Bike Week 16 - 24 June

Greenwich Cyclists have a full programme of rides for Bike Week this year. We have included rides for families, rides of different lengths in the evenings or at the weekends as well as some rides combined with social events.

Do come and join us and encourage anyone you know who might enjoy a ride. We would particularly like to see people returning to cycling as well as

new riders. Details of our programme will appear on our website shortly and there will be a leaflet in the next issue of Pedal Power. Come and enjoy yourselves!

Foot Tunnels

Thousands of us cyclists and pedestrians use these vital links every week.

They're operated on both sides of the river by Greenwich Council, which says it's seeking funds to improve reliability. The council has rejected suggestions to have the tunnels operated by sub-contractors.

Now apparently the Greenwich Society is in favour of smaller twin lifts to replace the present full-size ones.

We are monitoring opening and closing times of the lifts in an effort to improve reliability. If any lift is closed during advertised open hours, please contact Anthony Austin of Greenwich Cyclists on austin970@btinternet.com

Rides and Events



All rides and events are free (unless otherwise indicated) and open to all – LCC members and non-members. Please feel free to come along.

You can help improve Greenwich's cycling facilities

If you want a new cycle path, bike parking, better road access for bicycles, etcetera, please let us know by emailing your suggestions to Greenwich Cyclists' Planning Officer, Anthony Austin

anthony.austin@reuters.com

April



Saturday 21st - Sunday 22nd April: Whitstable Weekend. Ride goes to Whitstable on Saturday. Sleep over. Dover on Sunday. **Distance:** 65 miles to Whitstable. 55 miles to Dover
Details: Barry 07905 889 005.



Saturday 21st April: Bikestart! Local Healthy Rides for All. Further details from Southwark Cyclists.



Saturday 28th April: Bikestart! Local Healthy Rides for All. Further details from Southwark Cyclists.



Sunday 29th April: Mayor of Greenwich Annual Charity Bike Ride. An easy 10 mile amble along the Thames, fun for all the family. **Start:** Cutty Sark Gardens - 11am
Details: 5 pounds entry - for Mayors Charity.

In the future... August



Friday 24 – Tuesday 28 August: The Wild Wales Challenge, Bala 2007. Greenwich Cyclists are heading back to North Wales for the 6th time for a weekend of fun and challenging rides through some of the most beautiful scenery in Wales. Bala is a lovely little Welsh speaking market town.

For more information and to book your place on the cycling challenge check out <http://www.merseysidectc.com/>

If you are booking onto the Wild Wales Challenge make sure you state your cycling club as Greenwich Cyclists.

Go to these websites for more ride details:

Greenwich: <http://www.greenwichcyclists.org.uk/events/events.html>

Lewisham: <http://www.lewishamcyclists.net/Events.html>

Southwark: <http://www.southwarkcyclists.org.uk/social.shtml#now>

These websites will list more events and any changes to the rides and events listed.

Cycle Training

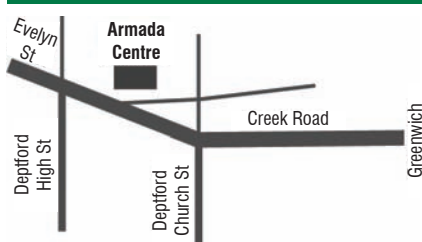
Greenwich Cyclists has two qualified training instructors who can provide low cost training to adults or children using National (or Bikeability) Standards. Training can be for groups or individuals and at a location to suit trainees.

Instructors work on a voluntary basis, payment is to cover insurance.

For more information see our website

<http://www.greenwichcyclists.org.uk/training/training.html>

or contact Liz Delap at liz.delap@teslaeurope.com



Contact us

We meet on the first Wednesday of every month (next meeting 2nd May - open to all) at 19.30 at the Armada Centre, 21 McMillan Street, Deptford.

See our website www.greenwichcyclists.org.uk

Join our mailing list

<http://groups.yahoo.com/group/greenwichcyclists/>
email us enquiries@greenwichcyclists.org.uk



Greenwich Cyclists is part of the London Cycling Campaign (LCC)

LCC is the only organisation exclusively campaigning and lobbying to ensure the best possible routes, facilities and services for people who cycle in London. Membership benefits include: ● Free *London Cyclist* magazine ● Free third party insurance ● Up to 10% off bike gear at many London bike shops ● Free legal advice ● A special deal on theft insurance.

Join up today at www.lcc.org.uk and help make London a world class cycling city. Phone: 020 7234 9310.